



Funded through the Texas Department of Aging and Disability Services
Alamo Area Council of Governments

Minutes of the Alamo Senior Advisory Committee Meeting Alamo Area Council of Governments

July 13, 2007 – 1:00 p.m.

Al J. Notzon III Boardroom
8700 Tesoro Drive, Suite 100, San Antonio, TX 78217
(210) 362-5200 / (866) 231-4922

Members

Regina Applewhite, present
Karen Bailey, absent
Judge Diana Bautista, present
Ann Gay Bishop, present
Marilyn Bullock, absent
Yvonne Coronado, absent
Linda Lee Davis, absent
Barbara Effenberger, excused
Darlene Evans, present
Dr. Robert Fitzgerald, present
Ginny Funk, present

Irma Gonzalez, excused
Carolyn Goodall, excused
Cyndy Hahn, excused
Robert Lopez, excused
Beverly Lutz, present
Genevieve Manley, present
Bill MacAllister, present
JoAnn McFarland, absent
Ysabela Pena, excused
Eleanor Preston, excused
Lucille Rochs, excused

Irene Scholz, absent
Carolyn Stauss, present
Michelle Thacker, present
Denise Usener, present
Robert Weinberg, excused
Raymond White, present
Tina Woods, absent
Opal Word, present
Dona Yanta, absent

Guests

Patrice Doerries-Kerr Co.
Tracy Slate-OASIS
Lisa Loya-APS

Staff

Debbie Billa, Aging Director
Julie Sakelakos
Alvin Arada
Evangeline Diaz
Henri Eaton

Suzanne Ruff
Trish Slaton
Nanci Struble
Candy Walsh
Maria Wilson

I. CALL TO ORDER

Vice Chairperson Ginny Funk called the meeting to order at 1:16 p.m.

II. WELCOME AND INTRODUCTIONS

Debbie Billa introduced Lisa Loya, the Program Administrator for Adult Protective Services in the rural counties, and Michelle Thacker, the new director of the Medina County Nutrition Program.

III. ROLL CALL

Ann Gay Bishop took roll call. Fourteen (14) members were present.

IV. CITIZENS TO BE HEARD

None

V. APPROVAL OF MINUTES

Carolyn Stauss moved to approve the minutes of May 11, 2007. Bill MacAllister seconded the motion. Motion carried.

VI. DIRECTOR'S REPORT

The director's report was sent in the packet.

Debbie Billa announced that Alamo AAA will be implementing the Texas Falls Prevention Coalition training called *A Matter of Balance* in August, beginning in Comal and Guadalupe Counties. Falls are the biggest problem for independence in seniors. Other classes will be scheduled in the other counties in the near future.

Debbie also stated that she is still waiting to hear from DADS on the Area Plan.

VII. PRESENTATIONS – HEALTH PROMOTION PROGRAMS

Tracy Slate with OASIS, which is a national non-profit educational organization, made a presentation on programs they are currently providing which are *Medication Matters* and *A Matter of Balance*. She stated that falling is not necessarily a part of growing older; it could be a problem with vision or drug interaction. This program empowers seniors to help prevent falls. *Medication Matters* is a program dealing with medications, which is conducted by a pharmacist.

Patrice Dorries from Hill County Crisis Council made a presentation on *My Health Matters*, which is a Chronic Disease Self Management Program developed by Stanford University School of Medicine, Patient Education Division. Patrice stated that there are 100 million Americans who have a chronic disease. Other statistics are that 70% of death is due to chronic disease, 87% of older adults have at least one chronic disease and 67% have multiple chronic conditions. Those who have taken this class have demonstrated an improvement in their mental and health issue status.

Patrice and Debbie Billa are master trainers and are looking to train others to be trainers in all the counties. They will be providing the first classes in Kerrville and Boerne.

VIII. Reports

A. RURAL PUBLIC TRANSPORTATION LIAISON

Beverly Lutz reported they have started the JART program in Frio County which is a "coffee run" bringing clients into San Antonio for jobs and then bringing them home. In Kerrville, the trolleys are not getting the ridership they need and ART has hired a consultant to help improve the situation. Beverly also stated that ART has ordered ten new vehicles with more

wheelchair access and as always are in need of drivers.

It appears that there will be a cut of 30% in state funding and will be discussed at the Texas Transit Association meeting next week. Next Tuesday there will be a semi-annual meeting with the state and they hope to encourage them to move some money around.

B. TEXAS SILVER-HAIRED LEGISLATORS (TSHL)

Dr. Robert Fitzgerald stated that they are looking at suggestions for better management of the TSHL at a meeting in September in College Station. The Legislature has passed and the Governor has signed the bill that will hold the AAA's harmless when conducting the TSHL elections.

C. PROGRAM REPORT

The program report was sent in the packet. Debbie also mentioned that Charles Donellan would be resigning from ASAC due to health reasons and moving to Bexar County.

IX. OLD BUSINESS

None.

X. NEW BUSINESS

A. FY07 NEW VENDOR APPLICATION

Debbie Billa discussed how OASIS would provide Health Education classes, specifically a program called *Medication Matters* in the Alamo region.

A motion was made by Darlene Evans to approve the FY07 New Vendor Application. Beverly Lutz seconded the motion. Motion carried.

B. NEW MEMBERS

A motion was made by the Honorable Judge Diana Bautista to approve Lisa Loya from Adult Protective Services as a At-Large Member, replacing Karen Bailey; Michele Thacker, Director of the Medina County Nutrition Program as a Provider Representative; and John Green from Rainbow Senior Center as an Alternate Provider Representative. Darlene Evans seconded the motion. Motion carried.

XI. PUBLIC COMMENTS / INFORMATION ITEMS

Carolyn Stauss announced that the Rainbow Senior Center will be starting their new capital campaign for their new senior center with an initial gift of \$3 million from the Kronkowsky Foundation.

Ginny Funk discussed the importance of the Senior Olympics.

XII. NEXT MEETING DATE

The next meeting will be Friday, September 14, 2007, at 1:00 p.m., at the Al J. Notzon III Board Room at 8700 Tesoro Drive, Suite 100, San Antonio, TX.

XIII. ADJOURNMENT

Vice Chairperson Ginny Funk adjourned the meeting at 2:20 p.m.